

The Women's Auxiliary of The Valley Baptist Association News Letter



***"The sun shall not smite
Thee by day, nor the moon
By night." Psalm 121:6 KJV***

WOMEN'S AUXILIARY OF VALLEY BAPTIST ASSOCIATION

To God be the Glory For All He has done
Is doing and is going to do!!
We Greet you in the Name of Jesus Christ..

A Special Thank You to all the Sisters
Brothers in Christ, for your participation and
support in the Virginia Baptist State
Convention, Inc.

I trust that all participations were able to
attend a class or a Preaching Service.

Everyone did an excellent job in represent-
ing, "The Valley Baptist Association".

Thank you once again for working in Unity
at the Convention.

The Theme: Envisioning the Future

Exhortation to know Christ

Pressing toward the Mark

Phil. 3:14

All the Presenters did a Wonderful job in

Preaching and teaching the classes. Sister
Connie Steele was the Speaker for the
Women's Luncheon, and Rev. Jessica
Freeman, preached at the Prayer Breakfast.
They both were outstanding.

They Valley did it again. Sister Wooden
was Crowned State Queen. She is from
Pilgrim Baptist Church, Rev. Dr. Steele is
Pastor. Her attendants were:

Sister Renee Coles (Sweet Union Baptist-
Rev. Sylvia Ball Pastor)

Sister Sylvia Journiette (Shiloh Baptist, Salem
Rev. Adrian Dowell is Pastor).

The Women's Auxiliary of Valley Baptist

In the months of April and May our projects
are being a Blessing to the Homeless
Children and the American Cancer Society.
We are bless for the first time to have two
Illuminated Bags to be place on the field at
The Relay for Life on may 20, 2016. One
will read in Memory of the deceased

Presidents and Life Members. The Second Bag will read In Honor of Former Presidents, current Presidents and Life Members. Mrs. Eva Brown Gave a donation in Memory of her family. Sister Patricia Davis a Nurse for the Pilgrim Baptist has written an article on cancer.

The Music Ministry will have practice for all persons who may be interested in joining the Valley Baptist Choir.

On behalf of the president and Officers we Thank you for representation at the one day Session. We are planning for the Annual Session July 10-15, 2016. The Host church will be Williams Memorial Baptist; Rev. Dr. David Jones is the Pastor.

Rev. Dr. Lee Lewis will be the Preacher For the Banquet July 11, 2016 at 6:30 pm The donations for tickets are \$35.00 per Person.

The colors are Black and White or Purple and White.

It is our Prayers that we will see you at the The Musical on Sunday, the banquet, youth Day, Moderator's Day, Women's Day and On Friday Morning Deacons and Deaconess, and the closing Service.

Church Registration \$150.00 and Missionaries are \$ 50.00 for those who has not Registered. The Missionary March on Thursday Night is \$3.00 per active person in your Missionary Ministry.

**Churches and Women's
Auxiliary Events
Macedonia Baptist
May 22, 2016 Ole Ship Zion at 3:00 pm**

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**Morning Star Baptist Church Events:**

June 11, 2016- Deaconess Fashion Show at 3:00 pm.

June 12, 2016 Youth and Graduates Day During Morning Service

June 19, 2016 recognition of Men's Day & Father's Day during Morning Service.

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Hill Street Baptist

Hill Street Baptist Church's Event For

May - August 2016

May 's Event – 2016

May 29th – Sunday School @ 9:30 a.m. – Guest Speaker – Dr. Rita Bishop, Superintendent of Roanoke City School

Missionary Service – 11 a.m. morning service – Rev. Carolyn Haliburton, Associate Pastor – Central Baptist Church

June 's Event – 2016

June 12th, 2016 – Annual Youth's Day service – 11 a.m.

June 19th, 2016 – Annual Father's Day Service – 11 a.m.

June 20-24, 2016 – 6-8 p.m. – Vacation Bible School

June 26, 2016 – 1 – 6 pm – Church Picnic – Countryside Park

July 's Event – 2016

July 02, 2016- Missionary Breakfast – 10:00 a.m.

July 17, 2016 – Annual Women’s Day Celebration – 11 a.m.

August 2016

August 27, 2016 – Men’s Day Breakfast – 9am -12noon

August 28, 2016 – Annual Men’s Day – 11 a.m.

August 22 – August 26, 2016 – Women of Grace Revival – 7 p.m.

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**June 14, 2016 the next Women’s Auxiliary Meeting, w e are asking all Presidents or a Representative of your Missionary Ministry to please be Present. We will convene at 6:00 pm at Morning Star Baptist Church.**  
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Pilgrim Baptist
Pilgrim Baptist will host the Prayer Breakfast June 4, 2016 at 10.00 am.

Nurse’s Article
What is Breast Cancer?
Breast cancer is a group of cancer cell (malignant tumor) that starts in the cells of the breast. Breast cancer is the second leading cause of death among women.

A male can also have Breast Cancer. All People, whether male or female, are born with some breast cells and tissue that have the possibility to develop into cancer. However, breast cancer in men is rare. Breast Cancer in men is usually detected as a hard lump underneath the nipple and areola. Men carry a higher mortality than women do, primarily because awareness

among men is less and they are less likely to assume a lump is breast cancer, which can cause a delay in seeking treatment.

Breast Cancer Genetics
Everyone has genes that pass along hereditary information from generation to generation. Sometimes changes occur in gene code, and these changes are called mutations.

Types Of Tumors
Breast cancer tumors can be categorized by the size, type of cells and the characteristics that fuel its growth. Types are benign tumors and malignant tumors.

Risk Factors
Some cancer risk factors—like smoking—are controllable. Some other cancer risk factors—like genetics—are not. Such as Age, race, family History Personal Health History, Early Menstruation and Late Menopause (after 55).

Symptoms & Signs
Early warning signs of breast cancer may involve the discovery of a new lump or a change in the breast tissue or skin. One can have a bloody discharge from the breast or changes in the shape or texture of the breast, also common redness or swollen lymph nodes.

Self Exam
Women should perform a self breast-exam each month and any changes or abnormalities should be discussed with a doctor a physician.

Mammogram
A mammogram is an x-ray that allows a qualified specialist to examine the breast tissue for any suspicious areas.

Treatments
It is treatable by a medical professional Treatment depends of the stages of cancer

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It may consist of chemotherapy, radiation,
and surgery.

Common Procedures

Common procedures External beam
Radiotherapy, Mammoplasty, Tissue
expansion, Lymphadenectomy, Radiation
therapy, Mastectomy.

Specialists Oncologist

Oncologist specializes in cancer. Primary
Care Provider(PCP) prevents, diagnoses,
and treat diseases. Radiation Oncology
treats and manages cancer by prescribing
radiation therapy. Plastic Surgeon
reconstructs defective, damage, or missing
body parts. Surgeon performs operations
to treat disease.

**FYI: Take a Love one or a Friend to the
Doctor with you. Early Detection is
Essential.**

www.nationalbreastcancer.org/

Submitted by Patricia Davis – Nurse

Women's freedom was a song not yet sung
Men mostly said that women didn't get it
If you gave them a job they'd just for get it
They said a woman's job was cleaning house
And Staying quiet as a mouse
But many women said we want more
We like our homes, but we want more than chores
We want the right to earn real pay
We work just as hard as men each day
And more than anything, please note
We want to have the right to vote
And after the marches and protests were done
All of that is just what they won"
Author Unknown

" WHAT WOMEN WANTED

Long before your grandma was young